

Washington Osteopathic Medical Association



Taking the Pain out of Pain Management

2017 WOMA

Fall Seminar

**8 Category 1-A AOA Credits
Application for CME Credit is
being filed with the AAFP.
Determination is pending.**

September 16, 2017

**Pacific Northwest
University
Yakima, WA**

WOMA 2017 Fall Seminar Registration Form

Register online with your credit card at www.woma.org OR complete this form and send with your credit card information or a check made payable to WOMA to: PO Box 16486, Seattle, WA 98116.

Name _____

Billing Address _____

City/State/Zip _____

Email _____

Phone _____ AOA# _____

	Before 8/1	8/1-9/12	After 9/12
WOMA Member *	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250	<input type="checkbox"/> \$275
Non-Member †	<input type="checkbox"/> \$325	<input type="checkbox"/> \$350	<input type="checkbox"/> \$375
WOMA Member Retired or Residents	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
PNWU Student	<input type="checkbox"/> \$0		

Special Diet? Gluten Free Dairy Free Vegetarian Vegan

Registration fee is non-refundable. A full credit for future WOMA conference less a \$50 processing charge will be given upon emailed cancellation received by September 1, 2017. No credit after September 1st. Questions? Call the WOMA office at 206-937-5358

Registration fee includes web-based syllabus and Lunch.
 *Member fee also applies to out of state physicians who are members of the State AOA Divisional Society of the state in which they practice.
 †The Non-Member fee can be converted to 2018 Dues if a WOMA membership application along with current CV is submitted with this form. For more information, you can email jperlmutter@woma.org or call the office at 206-937-5358.

TOTAL DUE:

Visa Mastercard Check Enclosed

Card Number _____ Security Code _____ Expiration Date _____

Name on Card _____

Signature _____

2017 WOMA Fall Seminar Agenda

“Taking the Pain out of Pain Management”

Saturday September 16, 2017 at Pacific Northwest University of Health Sciences in Yakima, WA

8am

Welcome & Introduction of the Scientific Poster Displays by PNWU Students
Program Chairs: Lynda Williamson, DO & Marc Cote, DO

8:15-9:15am

Opioids: At the Intersection of Pain, Addiction and Community *Ed Bilsky, PhD*

9:15-10:15am

Basic Tenets of Pain Treatment and Non-opioid Pain Management
Roger Chou, MD

10:15-10:30am

Break + Evaluate Scientific Posters prepared by PNWU Medical Students

10:30-11:30am

Opioid Therapy for Pain-An Evidence Review *Roger Chou, MD*

11:30-1pm

Lunch, Informal Colleague Discussions, Evaluate Posters

1-2pm

CDC Guidelines for Opioid Prescribing, Building a Team to Care for the Pain Patient
Steven Stanos, DO

2-3:30pm

Osteopathic Approach to the Diagnosis, Treatment & Management of Patients with Pain *James Keene, DO & Lynda Williamson, DO*

3:30-3:45pm

Break

3:45-4:40pm

Assessment and Treatment of Psychiatric Co-Morbidities Among Chronic Pain Patients
Michael Harris, PhD

4:40-5:30pm

Case Studies Panel *Dr. Michael Harris, Dr. Steven Stanos & Dr. Ed Bilsky*

5:30pm

Session Adjourns

2017 WOMA Fall Seminar Speakers

Ed Bilsky, PhD

Dr. Ed Bilsky holds his PhD in Pharmacology & Toxicology. He is a Professor of Pharmacology as well as a former Director of the Center for Excellence in the Neurosciences at the University of New England. He has received over 4.8 million dollars in extramural funding to conduct translational research in the areas of pain management and addiction and has published over 58 peer-reviewed publications in leading pharmacology journals.

Michael Harris, PhD

Dr. Michael Harris received his Ph.D. in Clinical Psychology from Washington State University. He has been a Licensed Psychologist since 1983. He joined the Pacific Rehabilitation Centers interdisciplinary medical rehabilitation staff in 1991 as a psychologist and is currently the Chief Operations Officer, Clinical Director, and Director of Outcomes. He also serves as an officer on the Pacific Rehabilitation Centers Board of Directors. Dr. Harris' experience, research, training and lecturing covers a varied range within Behavior Medicine and has an emphasis on interdisciplinary treatments of individuals with chronic pain and other disabling biopsychosocial conditions.

Lynda Williamson, DO

Dr. Lynda Williamson is a graduate of the University of New England College of Osteopathic Medicine and the University of Massachusetts Residency in Family Medicine. She has a sub-specialty in chronic pain management and has been a speaker on topics in Osteopathic Medicine and Chronic Pain Management for the past decade. She has served as Regional Dean & Adjunct Clinical Faculty for the Pacific Northwest University-College of Osteopathic Medicine.

Roger Chou, MD

Dr. Roger Chou is a Professor in the Department of Medicine at Oregon Health & Science University and Director of the Pacific Northwest Evidence-based Practice Center. He has led systematic reviews and led or participated in development of guidelines for many groups, including the Agency for Healthcare Research and Quality, NIH, CDC, the American College of Physicians, and the Cochrane Collaboration, and others. He was lead author of the 2009 American Pain Society/American Academy Pain Medicine guideline on opioids for chronic pain and led the systematic review and was a lead author on the 2016 CDC guideline on opioids for chronic pain.

James Keene, DO

Dr. James R. Keene, Interim Department Chair and Associate Professor of Osteopathic Principles & Practice at PNWU, earned a Ph.D. in Physiology from Southern Illinois University, a D.O. degree from University of Osteopathic Medicine and Health Sciences, and completed his Family Medicine Residency at the Mayo Graduate School of Medicine. He spent 7.5 years in the Middle East and Africa and practiced Osteopathic Manipulative Treatment in Sunnyside and Kennewick.

Steven Stanos, DO

Dr. Steven Stanos is a Psychiatrist and Medical Director of Pain Medicine Services & Occupational Medicine Services at Swedish Medical Group. He was a consultant to the CDC Opioid Guideline work group in the development of the 2016 guidelines and a panel member of the National Pain Strategy DHHS.

2017 WOMA Fall Seminar

Directions, Accommodations & Other Information

Where

**200 University Parkway
Yakima, WA 98901**

The seminar will take place at the University Conference Center located on the corner of University Parkway and Inspiration Drive on the PNWU campus

Accommodations

Oxford Suites

1701 E. Yakima Avenue, Yakima, WA
98901

509-457-9000

Reservations 800-404-7848

\$91 Double Queen

\$95 King

Ask for PNWU Rate

Shuttle Service: Yakima Oxford Suites provides complimentary shuttle service by appointment to and from PNWU and the Yakima Airport. There is a courtesy phone near baggage claim or call Hotel at 509-457-9000.

For other hotel information, go to <http://www.oxfordsuitesyakima.com/>

Registration

Registration through our website

www.woma.org is preferred.

You may also download this registration form, fill in your information and email to hgriffin@woma.org or you may print and mail to

PO Box 16486, Seattle, WA 98116.

Syllabus

Access to an online syllabus will be provided to registrants. An email with the link will be sent out within a week before the seminar.

Wi-Fi and power will be provided on site for laptops.

OFFICIAL NOTICE

WOMA Board of Governors Meeting

Friday September 15, 2017

Time: TBA

Yakima Oxford Suites

1701 E Yakima Ave

509-457-9000